

European Council on Eating Disorders General Meeting and Conference Belfast 2022

22-24 September 2022

Scientific Programme

Conference Theme: Building Bridges

#ecedbelfast2022



ECED Belfast 2022

London (1989) – Leuven (1991) – Prague (1993) – Dublin (1995) – Padova (1997) – Stockholm (1999) –
Barcelona (2001) – Budapest (2003) – Innsbruck (2005) – Porto (2007) – (London (2009) –
Florence (2011) - Oslo (2013) – Heidelberg (2015) – Vilnius (2017) – Paris (2019)

Thursday September 22nd

- Venue: **Titanic Museum Ballroom, 1 Olympic Way, Queen's Road, Belfast BT3 9EP.**
- 16:00-17:30 Registration; Drinks Reception
- 17:30-18:15 Opening Ceremony, Speeches, and Delegate Welcome
Robin Swann, MLA, Minister of Health for Northern Ireland.
- 18:15 **Nikolett Bógar**, Semmelweis University Institute of Behavioural Sciences, Budapest, HUNGARY. - "The Voice of Lived Experience".
- 19:15 Gala Evening Dinner followed by Irish music and dancing with 'TA DA' Irish Dance Company
- 23:00 Finish; coach return to central Belfast (Europa Hotel)

Friday September 23rd

- Venue: **Assembly Buildings Conference Centre, 2-10 Fisherwick Place, Belfast BT1 6DW**
- 08:00- 09:00 Main Assembly Hall - Registration
- 09:00-09:30 Welcome and Opening Speeches: The Lord Mayor, The Right Honourable **Tina Black**
- 09:30-11:00 **First Debate:**
- 'The psychopathology of the eating disorders means there is little place for those with a lived experience to be involved in the planning of their own treatment.'**
- Debate Moderator: **J. Hubert Lacey**, ENGLAND
Speakers: **Annemarie van Elburg**, NETHERLANDS
Harriet Parsons, IRELAND
- 11:00-11:30 Coffee/Tea break: **Ground Floor Catering Area**
- 11:30 – 13:00 Parallel Paper Sessions**

Friday September 23rd

11:30 – 13:00

Parallel Paper Session 1a

Venue: Minor Hall

Chair: John Roche, ENGLAND

11:30 – 11:45

- P1) The family in anorexia nervosa: From aetiopathogenesis to maintenance perspective. What to focus on when planning an intervention for parents.

**Elena Tenconi, Sofia Calonaci, Elisabetta Iraci, Valentina Meregalli, Marta Magno,
Paolo Meneguzzo, Angela Favaro. ITALY**

11:50 – 12:05

- P2) FBT and beyond, experiences in a tertiary treatment center.

**Marie-Jeanne J.A.M. Schier, Anja Pennings, Christien M.T Schilder,
Annemarie A. van Elburg. NETHERLANDS**

12:10 – 12:25

- P3) User involvement in a PhD project on parents and siblings of individuals with eating disorders.

**Jannike Karlstad, Cathrine Fredriksen Moe, Mari Wattum, Ragni A. Stokland &
Berit Støre Brinchmann. NORWAY**

12:30 – 12:45

- P4) Parental speeches of adolescents suffering from severe anorexia nervosa – a preliminary lexicometric analysis.

Jeanne Duclos, Alexandra Sarrazin, Vincent Dodin & EVHAN. FRANCE

12:45 – 13:00 *Plenary discussion with all presenters*

11:30 – 13:00

Parallel Paper Session 1b

Venue: The Boardroom

Chair: Jacinta Hastings, IRELAND

11:30 – 11:45

- P5) Efficacy of two video-interventions to promote professional help-seeking for bulimia nervosa: results from an online experiment.

Stephanie Bauer, Diana Lemmer, Markus Moessner. GERMANY

11:50 – 12:05

- P6) Effectiveness of virtual reality exposure therapy for treatment of dysmorphophobia in patients with anorexia nervosa: A controlled, randomised, superiority trial.

**Antoine Manès, Coralie Barbe, Romain Bouillot, Alexandre Novo, Anne-Catherine Rolland,
Julien Eutrope. FRANCE**

12:10 – 12:25

- P7) Weight loss in a pro-ED online community: A longitudinal observational study.

Markus Moessner, Johannes Feldhege, Stephanie Bauer. GERMANY

12:30 – 12:45

- P8) Mentalisation Based Treatment Groups for Carers.

David Coyle. NORTHERN IRELAND

12:45 – 13:00 *Plenary discussion with all presenters*

Friday September 23rd

11:30 – 13:00

Parallel Paper Session 1c

Venue: Meeting Room 6

Chair: Zuzanna Gajowiec, IRELAND

11:30-11:45

P9) When anorexia nervosa symptoms mask a Kallmann Syndrome: a case report.

Tara Berenbaum. BELGIUM

11:50 – 12:05

P10) What can we learn from the treatment history of anorexia nervosa patients who have died?

Greta Noordenbos. NETHERLANDS

12:10 – 12:25

P11) Admission and goodbye letters from adolescents with Anorexia Nervosa in a day hospital.

Sarah Pinto, Nathalie Godart, Céline Bréan, Samah Belkheir, Elodie Betremieux, France Boyer, Pauline Drecq, Charline Gautier, France Hirot, Flora Hollande, Claire Lam, Isabelle Leledy, Barbara Maison, Sophie Nicolich, Audrey Paveau, Chloé Penabaille, Morgane Pidoux, Hugo Saudi Mélanie Urvoy and Lisa Minier. FRANCE

12:30 – 12:45

P12) Embodiment in anorexia nervosa: Is there an impairment in the cognitive presentation of the body?

Paolo Meneguzzo, Patrizia Todisco, Enrico Collantoni, Valentina Meregalli, Elena Tenconi, Angela Favaro. ITALY

12:45 – 13:00 *Plenary discussion with all presenters*

13:00-14:00 Lunch: Ground Floor Catering Area

Friday September 23rd

14:00-15:30

Symposium or Workshop choices

Symposium venue: Main Assembly Hall

How Day Hospitalisation for Adolescents with Anorexia Nervosa are organised: Three Different Approaches

Flora Bat-Pitault, Doriane Costa, Corinne Blanchet, Nathalie Godart, FRANCE

OR

Workshop 1 Venue: Minor Hall

The ROCKETLAUNCH project. Implementing key components of evidence-based Family Therapy for eating disorders in Child and Adolescent Psychiatric Outpatient Care.

Ulf Wallin, Karin Wallin, SWEDEN

OR

Workshop 2 venue: The Boardroom

Perspectives from the development of a mentalization-based intensive outpatient service for adolescents with eating disorders.

Lisa Mukherjee, Luwai Odeh, Joseph Stone, ENGLAND.

15:30-16:00 Coffee/tea break: **Ground Floor Catering Area**

16:00-16:30 **ECED Business Meeting - Venue: Main Assembly Hall** (all welcome)

a) Presentation and plan for ECED Leiden 2023 – **Eric van Furth**

b) Vote for ECED 2025

16:30-18:00 **Parallel Paper Sessions**

Friday September 23rd

16:30 – 18:00
Venue: Minor Hall

Parallel Paper Session 2a
Chair: Toni O'Connor, IRELAND

16:30 – 16:45

P13) Assessing the risk factors for the development of eating disorders among fashion models: Quantitative research.

Nikolett Bogár, Szilvia Dukay-Szabó, Dávid Simon, Ferenc Túry. HUNGARY

16:50 – 17:05

P14) Developing and evaluating a school-based intervention to promote media literacy and improve body image in young adolescents.

Fiona Flynn. IRELAND

17:10 – 17:25

P15) Are subjects suffering from orthorexia nervosa characterized by specific food categorization strategies and cognitive flexibility impairments?

Lakrtiz C, Iceta S, Lafraire J. FRANCE

17:30 – 17:45

P16) Does body image disturbance change across female adulthood?

Akansha Mahesh Naraindas, Sarah Maeve Cooney. IRELAND

17:45 – 18:00 *Plenary discussion with all presenters*

16:30 – 18:00
Venue: The Boardroom

Parallel Paper Session 2b
Chair: David Coyle, NORTHERN IRELAND

16:30 – 16:45

P17) Symptoms, quality of life and psychosocial functioning of patients presenting at a psychiatric hospital-based eating disorders treatment programme: A model of recovery at its broadest.

Jane O'Riordan, Peter Gallagher, Terence Larkin, Katie Crean. IRELAND

16:50 – 17:05

P18) HSE National Clinical Programme for Eating Disorders in Ireland: a pragmatic review of the development of a new national eating disorder service. **David J. O Driscoll, Jennifer Fagan, Rhona Jennings, Michelle Clifford, Caroline Maher, Marie Corbett, Sarah Wade, Sara McDevitt. IRELAND**

17:10 – 17:25

P19) Clinical meaning of body temperature in anorexia nervosa

Philibert Duriez. FRANCE

17:30 – 17:45

P20) Intra-individual structural covariance networks in anorexia nervosa: Evidence from a longitudinal dataset.

Enrico Collantoni, Francesco Alberti, Paolo Meneguzzo, Valentina Meregalli, Elena Tenconi, Brigitte Dahmen, Angela Favaro, Beate Herpertz-Dahlmann, Jochen Seitz. ITALY

17:45 – 18:00 *Plenary discussion with all presenters*

Friday September 23rd

16:30 – 18:00

Parallel Paper Session 2c

Venue: Meeting Room 6

Chair: Stephanie Bauer, GERMANY

16:30 – 16:45

P21) Does parental reflective function change during parent-focussed early intervention?

Cecily Donnelly, Dasha Nicholls. ENGLAND

16:50 – 17:05

P22) Patients with anorexia nervosa display aberrant developmental trajectories of cognitive performance and brain structural characteristics.

Favaro A, Collantoni E, Meneguzzo P, Tenconi E. ITALY

17:10 – 17:25

P23) Reflective functioning and disordered eating behaviours in school populations.

Cecily Donnelly, Dasha Nicholls. ENGLAND

17:30 – 17:45

P24) Emotional cognition in eating disorders: What can we gather from self-report?

**Elena Tenconi, Sofia Calonaci, Elisabetta Iraci, Valentina Meregalli, Marta Magno,
Paolo Meneguzzo, Angela Favaro.** ITALY

17:45 – 18:00 *Plenary discussion with all presenters*

Saturday September 24th

09:00-10:30

Workshops

Workshop 3: Venue - Minor Hall

How to reduce critical thoughts and voices in eating disorder patients
Greta Noordenbos, Clinical Psychology, Leiden University, NETHERLANDS

OR

Workshop 4: Venue - The Boardroom

Anxiety, Body, and Motherhood: Eating Disorders in Pregnancy and Postpartum
Finn Skårderud & Bente Sommerfeldt, NORWAY

10:30-11:00 Coffee/Tea break - **Ground Floor Catering Area**

11:00-12:30 **Second Debate: Venue Main Assembly Hall**

'Severe and enduring anorexia nervosa sufferers should be allowed to make an informed choice to end treatment and enter end-of-life care.'

Debate Moderator: **Eric van Furth**, NETHERLANDS

Speakers: **Ulf Wallin**, SWEDEN

Tetiana Ilnytska, UKRAINE

12:30 **Review and feedback meeting - Main Assembly Hall (All welcome)**

13:00 **Lunch (Ground Floor Catering Area) and farewell until ECED Leiden 2023**

POSTER PRESENTATIONS

A psychodynamic exploration of the experience of dietitians working with patients with severe eating disorders in community-based adult eating disorder services.

Jenny Harron. NORTHERN IRELAND

An Irish regional eating disorder service: the societal cost burden of completing an eating disorder programme either in-person and/or by telehealth.

David J. O Driscoll, Marie Corbett, Sara McDevitt. IRELAND

Change in admission BMI at a UK specialist eating disorder unit between 2013 and 2021.

Victoria Cowell, Anusha Akella, Sofia Almeida, Niall Fitzpatrick, Alys Cawson, Matthew Cahill. ENGLAND

Embodied cognition impairments in patients with anorexia nervosa: Preliminary evidence from a controlled study.

Valentina Meregalli, Enrico Collantoni, Paolo Meneguzzo, Elena Tenconi, Alessandra Sala, Vincenzo Munno, Sophia Zuanon, Angela Favaro. ITALY

How calorie content influences automatic behavioural tendencies in patients with restrictive anorexia nervosa: A mouse-tracker study.

Valentina Meregalli, Enrico Collantoni, Paolo Meneguzzo, Elena Tenconi, Alessandra Sala, Vincenzo Munno, Sophia Zuanon, Angela Favaro. ITALY

Impact of the Covid-19 pandemic on a Northern Ireland eating disorder charity.

Sian Ogle. NORTHERN IRELAND

Long-term predictive factors for outcome in adolescents with severe anorexia nervosa: Results from a follow-up study.

Benjamin Carrot, Géraldine Dorard, Jeanne Duclos, Leslie Radon, Nathalie Godart. FRANCE

Validation of a Dutch translation of the Caregivers Scale (CASK) scale.

Annemarie A. van Elburg, Marie-Jeanne J.A.M. Schier, Christien M.T Schilder. NETHERLANDS